

# VINCE ANDERSON PRESENTS SPRINT, HURDLE & RELAY SYMPOSIUM 2 DALLAS 2023

DESIGNED FOR  
**DEVOTED COACHES,**  
SEEKING DEEP, USEFUL  
LEARNING

## When

Sat. November 11, 2023 9:00a-7:00p all day  
Sun. November 12, 2023 9:00a-3:30 p

## WHERE

**Dallas Jesuit High School**

12345 Inwood Road, Dallas, TX 75244

## 12 HOURS of WORLD CLASS CONTENT

Daily, weekly, and season training design/ 100m race modeling/  
400m training / 4x100 relay training/ Hurdle I training (includes  
400H)/ Developing competitors/ Key concepts/ Common problems  
& solutions/ Coaching humans/ .... and more.

## REGISTRATION:

email [hurdlesprint@gmail.com](mailto:hurdlesprint@gmail.com) or [igdm@coach\\_vince\\_anderson](mailto:igdm@coach_vince_anderson)  
schedule available! < for hotel info, email Richie Mercado [rmercado@sjs.org](mailto:rmercado@sjs.org) >



**PERFECT FOR**  
-YOUTH  
-CLUB  
-HIGH SCHOOL  
-COLLEGE

**ADVANCE TICKETS**  
**\$275** for 2 day event

**AT THE DOOR**  
**\$300** for 2 day event



**PAYMENT**  
Zelle  
PayPal  
Cash App  
Venmo

Continuing Education certificates awarded for 12hrs of CEUs