VINCE ANDERSON PRESENTS SPRINT, HURDLE & RELAY SYMPOSIUM 2022. 2 DAY EVENT

2 DAY EVENT. THIS IS NOT A "CLINIC".

FOR DEVOTED COACHES, WHO PLAN TO INVEST IN DEEP, USEFUL LEARNING.

When

Sat. October 15, 9a-7p (100, 200, 400 & Relays) Sun. October 16, 9a-3p (100H,400H, & Team Topics) Choose: Buy single day or buy 2 day Symposium

WHERE St John's

St. John's School

Westheimer at Buffalo Speedway, Houston, TX 77019

12 HOURS of WORLD CLASS CONTENT

Season design strategy, Weekly and daily design strategy, Sprint essential training (includes 400m), Relay essential training, Hurdle essential training (includes 400H), Strength training, Team management, Developing competitors, Common problems & solutions, Coaching humans and more. <u>Continuing Education certificates awarded for 4, 8, or 12hrs.</u>

MORE INFO <u>hurdlesprint@gmail.com</u>, ig dm @coach_vince_anderson or www.athleticstx.com - detailed schedule available!



PERFECT FOR -YOUTH -CLUB -HIGH SCHOOL -COLLEGE

ADVANCE TICKETS

\$200 for single Sat. \$100 for single Sun. \$250 for 2 day event

AT THE DOOR

\$225 for single Sat. \$125 for single Sun. \$300 for 2 day event

PAYMENT

Zelle PayPal Cash App

